

Young People Monthly Reports - Guidance and Definitions

Young People

Someone is counted as a young person for NDTMS if they are aged under 18 at the start of treatment (the earliest intervention start date in the treatment journey), or at the start of the latest 12 month period, whichever is later.

Number In Treatment

The number of clients residing in the reported area who are 'in treatment' in the rolling 12 month period. An individual is defined as being in treatment if any portion of their latest treatment journey, between triage and discharge, overlaps with the rolling 12 month period in question.

An individual can only be counted once within the reported area each rolling 12 month period but may be counted in more than rolling 12 month period, i.e. someone whose treatment starts and January 2025 and ends in March 2025 will be counted in the February 2024 to January 2025 rolling 12 month period, the March 2024 to February 2025 period, and all other rolling 12 month periods up to March 2025 to February 2026.

New Presentations Year To Date

The number of clients residing in the reported area, starting a new treatment journey in the year to date period (the period starting in April and ending in the reporting month). An individual can only be counted once within year to date period, regardless of the number of treatment journeys started in that period, but may be counted in more than one year to date period, similarly to numbers in treatment.

Exits Year To Date

The number of clients residing in the reported area, ending their latest treatment journey in the year to date period (the period starting in April and ending in the reporting month). An individual can only be counted once within year to date period, regardless of the number of treatment journeys ending in that period, but may be counted in more than one year to date period, similarly to numbers in treatment.

Effective treatment

The number and proportion of young people who have been retained in treatment for 12 weeks or more, or who successfully completed treatment within the first 12 weeks. This indicator uses a cohort of those in treatment in a rolling 12 month period delayed by three months, e.g. March 2024 data is used for January to December 2023. This is necessary to allow 12 weeks to pass, to see if people remain in treatment over that time.